



OFF-CAMPUS COUNSELING CONTACTS

Psychology Today local therapist listing: <https://www.psychologytoday.com/us/therapists/pa/mechanicsburg>

Specific counseling practices where Messiah students have found help:

Agape Counseling of PA - <https://www.agapecounselingpa.com/> - 717-487-5493. To schedule, email traci@agapecounselingpa.com

Arkview Recovery Center - <https://www.arkviewrecovery.com/> - 717-500-1111 ask for John.

The Anxiety & OCD Treatment Center of Central PA – Lynnea Bowlin, M.A., NCC - [Lynnea Bowlin | The Anxiety & OCD Treatment Center of Central Pennsylvania \(isthisocd.com\)](#)

Cornerstone Counseling - <http://www.cornerstonecounselinghbg.com/>, Harrisburg; 717-671-9520

Cumberland Valley Counseling - <https://cumberlandvalleycounseling.com/> Carlisle; 717-243-1511. Wendy Wood

Every Season Counseling LLC – Caroline Triscik, MA, LPC - <https://caroline-triscik.clientsecure.me/#home> Caroline is located at Graystone Mental Health & Wellness Group in Camp Hill, Pa.

Audrey Farris, LCSW - Pennsylvania clients ages 18+: www.audreyfarrislcsw.com
Ohio clients ages 18+ (able to take most insurances): <https://www.hopebehavioral.com/Therapists/audrey-farris>

Graystone Mental Health & Wellness Group, LLC - [Graystone Mental Health and Wellness Group | Camp Hill PA \(graystonewellness.com\)](#) - Gail Hiestand, LPC - gchiestand@gmail.com or 717-697-3830

In Him Christian Wellness - <https://www.inhimchristianwellness.org/>, offices in Camp Hill and Carlisle; 717-766-0935

Malinda Myers Therapy - www.malindamyerstherapy.com Malinda Myers, LPC. Scheduling link: <https://provider.growththerapy.com/book->

[appointment?id=2130&utm_source=provider-sourced&utm_medium=booking-link&utm_campaign=provider-dashboard](#)

Dr. Lee Morand & Associates - <https://www.drleemorand.com/> Mechanicsburg; 717-610-2988, Alyssa Drake

Morning Star Counseling - <https://morningstarllc.org/>

Parenting & Family Solutions - <https://parentfamilysolutions.com/> - offices in Harrisburg and Lancaster; 717-602-5560

Purposefully Soaring Counseling - <https://purposefullysoaring.com/> Harrisburg. Email Candace Johnson at contact@purposefullysoaring.com or call 717-439-2822.

Psychological Health Affiliates – <https://www.phcentralpa.com/> - 717-665-2675 or email at support@phcentralpa.com

Psychology Today - <https://www.psychologytoday.com/us/therapists/paula-renee-hoffman-dillsburg-pa/711387> Paula Hoffman, LPC

Resilience Lab - Theresa Gaffney - [Theresa Gaffney, NCC, PA Therapist | Resilience Lab](#)

Upturn - <https://upturntoday.weebly.com/>, Camp Hill; 717-745-7463 Sarah Bender, M.A., NCC

West Shore Free Church - <https://westshorefree.org/care-support/counseling/>

West Shore Wellness - <https://www.westshorewellnessllc.com/> 717-301-4044. Sara Bupp - Students can schedule online at: <https://west-shore-wellness.clientsecure.me/>