

# Social Work Major (8 semester plan)

updated fall 2024

Met	Semester 1	Credit	Met	Semester 2	Credit
	<b>SOWK 099 Professionalism in SOWK</b>	1		<b>SOWK 221 Human Behavior</b>	3
	<b>SOWK 120 Intro to Social Work*</b>	3		ENGL 110 Critical Reading & Writing*	3
	PSYC 101 Intro to Psychology*	3		BIOL 158 Human Biology & Lab*	4
	IDFY 101/102H Oral Communication*	3		2 <sup>nd</sup> Language*	3
	COMM 105 Oral Communication*	3		<i>IDEG 300H* required for honors students only</i>	
	1 <sup>st</sup> Language*	3		(or) Free Elective for non-honors	3
	<b>Total</b>	<b>16</b>		<b>Total</b>	<b>16</b>

Met	Semester 3	Credit	Met	Semester 4	Credit
	<b>SOWK 250 Practice w/ Individuals</b>	3		<b>SOWK 360 Practice w/ Families</b>	3
	<b>SOWK 251 Field Exp. Individuals</b>	1		<b>SOWK 361 Field Exp. Families</b>	1
	SOAN 101 Intro to Sociology	3		<b>SOWK 382 Topics in Social Work</b>	3
	BIBL 2XX*	3		STAT 269 Introductory Statistics*	3
	HIST 142 U.S. History Since 1865*	3		Free Elective	3
	Free Elective	2		Free Elective	3
	<b>Total</b>	<b>15</b>		<b>Total</b>	<b>16</b>

Met	Semester 5	Credit	Met	Semester 6	Credit
	<b>SOWK 372 Practice w/ Groups</b>	4		<b>SOWK 420 Social Welfare Policies</b>	3
	<b>SOWK 385 Intro to SOWK Research</b>	3		<b>SOAN 356 Social Inequity (Social Problems)*</b>	3
	PHIL or RELI 1XX*	3		Literature or Art 1XX, 2XX or 3XX*	3
	THEO 2XX*	3		Free Elective	3
	Ethics and the Common Good 3XX*	3		Free Elective	3
	<b>Total</b>	<b>16</b>		<b>Total</b>	<b>15</b>

Met	Semester 7	Credit	Met	Semester 8	Credit
	<b>SOWK 475 Practice w. Communities &amp; Organization*</b>	3		<b>SOWK 485 Seminar in SOWK Practice</b>	3
	<b>SOWK 476 Field Experience Communities and Organizations (ELI) **</b>	1		<b>SOWK 490 Field Practice in SOWK***</b>	12
	<b>SOWK 484 Prep for Field Practice</b>	1			
	ECON 110, 117, <b>OR</b> 120 (choose one)	3			
	APHS/DANC/WELL 1XX* <i>(WELL 139 required for student Athletes)</i>	1			
	SOWK 260 Child Welfare or Free Elective	3			
	Free Elective	2			
	<b>Total</b>	<b>14</b>		<b>Total</b>	<b>15</b>

8-semester plans are a suggested course sequence to be used as a guideline for degree completion. Students should work carefully with academic advisors to build an individual plan, using the 8-semester plan as a tool along with the degree audit and semester course schedules. The 8-semester plans do not guarantee course offerings or available seats.

\_\_\_ An overall 2.7 (B-) GPA in the major    \_\_\_ A 2.3 (C+) requirement for all SOWK designated courses  
 \_\_\_ An overall 2.5 cumulative GPA        \_\_\_ Cross-cultural experience        \_\_\_ **Total Credits (123)**

\* General Education requirements

\*\* Counts as ELI graduation requirement for service learning

\*\*\*SOWK490 meets General Education Cross-Cultural experience

(SOWK 260 Child Welfare is considered a free elective, but highly recommended for Social Work majors)