

Social Work - Messiah University (3-year plan)

updated fall 2024

Fall Semester	Credit	Spring Semester	Credit
<i>First Year Fall Semester</i>		<i>First Year Spring Semester</i>	
SOWK 099 Professionalism in SOWK SOWK 120 Intro to Social Work* SOWK 250 Practice w/ Individuals SOWK 251 Field Exp. Individuals	1cr 3cr 3cr <u>1cr</u> 8	SOWK 221 Human Behavior SOWK 360 Practice w/ Families SOWK 361 Field Exp. Families SOWK 382 Topics in Social Work	3cr 3cr 1cr <u>3cr</u> 10
> If SOWK 250/251 is taken during the second year, SOWK 372 would then be moved to the third year. ~Room for three 3-credit courses		>If SOWK 250/251 is taken during the second year, then SOWK 360/361 would also be moved to the second year. ~Room for two 3-credit courses	
<i>Second Year Fall Semester</i>		<i>Second Year Spring Semester</i>	
SOWK 372 Practice w/ Groups SOWK 385 Intro to Research in Social Work	4cr <u>3cr</u> 7	SOWK 420 Social Welfare Policies SOAN 356 Social Inequality (Social Problems)*	3cr <u>3cr</u> 6
~Room for three 3-credit courses		~Room for three 3-credit courses	
<i>Third Year Fall Semester</i>		<i>Third Year Spring Semester</i>	
SOWK 475 Practice w/ Communities and Organizations* SOWK 476 Field Experience Communities and Organizations** SOWK 484 Prep for Field Practice	3cr 1cr <u>1cr</u> 5	SOWK 485 Seminar in SOWK Practice SOWK 490 Field Practice in SOWK***	3cr <u>12cr</u> 15
~Room for four 3 credit courses			
<i>Fourth Year Fall Semester Option</i>		➡ Additional Courses Required by the Major	
Students could complete all of the major SOWK courses and then complete any Gen Ed or remaining required courses in the Fall after completing their senior placement.		ECON 110, 117 OR 120 (choose one)- <i>Students trying to complete the major early often CLEP this course</i> HIST 142 U.S. History Since 1865 - <i>Students trying to complete the major early often CLEP this course</i> STAT 269 Introductory Statistics – <i>Students often take this course over the summer and transfer the course to Messiah</i> SOAN 101 Introduction to Sociology-- <i>Students trying to complete the major early often CLEP this course</i> BIOL 158 Human Biology & Lab – <i>Students often take this course over the summer and transfer the course to Messiah/ Will accept Anatomy and Physiology in place of HB.</i> PSYC 101 Intro to Psychology - <i>Students trying to complete the major early often CLEP this course</i>	
Please note a minimum of 123 credits are required to graduate. Students on a 3-year plan must meet all the general education requirements (31 credits) AND ➡ Additional courses required by the Social Work Major.			

___ An overall 2.7 (B-) GPA in the major ___ A 2.3 (C+) requirement for all SOWK designated courses
 ___ An overall 2.5 cumulative GPA ___ Cross-cultural experience ___ **Total Credits (123)**

*General Education requirements

** Counts as ELI graduation requirement for service learning

***SOWK490 meets General Education Cross-Cultural experience

(SOWK 260 Child Welfare is considered a free elective, but highly recommended for Social Work majors)