

MESSIAH COLLEGE
NUTRITION AND DIETETICS
ACADEMIC VERIFICATION IN DIETETICS (NON GRADUATION)

INTRODUCTION

The requirements for attaining the Registered Dietitian Nutritionist (RDN) credential are established by the Accreditation Commission for Education in Nutrition and Dietetics (ACEND) and include completion of both academic (course) requirements and an ACEND accredited dietetic internship. To meet ACEND academic requirements, an individual must hold a Baccalaureate degree granted by a U.S. regionally accredited college or university and must complete current minimum course requirements in a ACEND accredited Didactic Program in Dietetics (DPD) or Coordinated Program (CP).

The purpose of Messiah College's Academic Verification Program (Non Graduation) is to assist persons who already have a Baccalaureate degree to complete CADE minimum course requirements. The program includes:

- Evaluation of college transcripts to determine which dietetics course requirements have already been met, and which still need to be completed.
- Advising on availability of required courses at Messiah College. (Enrollment in upper level nutrition and dietetics courses is limited.)
- Assistance in supervised practice program application process (as a part of the senior seminar in Nutrition and Dietetics course)

COURSE REQUIREMENTS

Required Prerequisites for the Upper Level (Junior/Senior years) Nutrition and Dietetics courses.

- IDST 101: First Year Seminar (First year College Writing course)
- COMM 104 or 106: Oral Communications (A public speaking course)
- BIOL 185 and 186: Human Anatomy and Physiology I and II (both lab courses) or BIOL 160: Molecular and Cellular Biology, 161: Animal Form and Function, 385: Physiology
- CHEM 105 and 106: General Chemistry I and II (both lab courses)
- CHEM 204: Introduction to Organic Chemistry (with lab) or CHEM 309 and CHEM 310 (Organic Chemistry I and II with labs)
- PSYC 101: Introduction to Psychology
- STAT 269: Introductory Statistics
- HRM 120: Principles of Management
- NUTR 121: Food and Food Science
- NUTR 222: Nutrition Theory

- NUTR 099: Opportunities in Nutrition and Dietetics (May be taken first spring enrolled at Messiah)

Upper level (Junior/Senior) courses: Courses in bold are offered every other year.

Tentative Schedule for NUTR 2017-2018 (Courses in bold are offered every other year.)

| Fall (2017) | Credits | Spring (2018) | Credits |
|--|----------------|--|----------------|
| NUTR 322: Nutrition through the Life Cycle | 3 | | |
| NUTR 411: Med. Nutrition Therapy I | 3 | NUTR 412: Med. Nutrition Therapy II | 3 |
| NUTR 425: Nutrient Metabolism and Research Methods I | 4 | NUTR 426: Nutrient Metabolism and Research Methods II | 3 |
| NUTR 410: Nutrition Education and Counseling (Seniors only) | 3 | BIOL 381 or 382: Microbiology | 4 |
| NUTR 493: Senior Seminar in Foods, Nutrition, and Dietetics (seniors only) | 1 | | |

Tentative schedule 2018-19 (Courses in bold are offered every other year.)

| Fall (2018) | Credits | Spring (2019) | Credits |
|---|----------------|---|----------------|
| NUTR 322: Nutrition through the Life Cycle | 3 | NUTR 331: Advanced Food Science and Technology | 3 |
| NUTR 341: Food Service | 4 | NUTR 352: Community Nutrition | 3 |
| NUTR 410: Nutrition Education and Counseling (Seniors only) | 3 | BIOL 381 or 382: Microbiology | 4 |
| NUTR 493: Senior Seminar in Food, Nutrition, and Dietetics (seniors only) | 1 | | |

PLEASE NOTE

After completion of the DPD academic requirements, students wishing to pursue dietetic registration will still need to complete an ACEND-accredited dietetic internship. Admission to dietetic internships is very competitive. In recent years, only 50% of those applying for dietetic internships nationwide were successful. Grade point average (GPA), especially in major courses, and work experience are critical factors in successfully obtaining a dietetic internship. Few internships accept applications from students with a DPD GPA of < 3.0, and a cumulative GPA of at least 3.4 – 3.6 is usually needed to be accepted by an internship. Work experience, especially in medical nutrition, and/or volunteer activities related to nutrition care are also essential.