

HDFS NEWSLETTER

SPRING 2018 Newsletter of the Department of Human Development and Family Science

STUDENTS PARTICI-PATE IN AN ELDER SERVICE PARTNER PROGRAM

By Dr. Raeann Hamon

This spring, Dr. Hamon's Sociology of Aging students are participating in an Elder Service Partner Program as part of the course. Undergraduate students select an Elder Service Partner (ESP), with whom they engage in service opportunities for the duration of the semester. Elder Service Partners are 65 or more years of age, have already made service commitments to their communities, and are willing to have a student partner in service with them for twenty hours. In 2015, Generations United recognized Hamon's Elder Service Partner Program as a Program of Distinction, a national acknowledgement for meeting standards for quality intergenerational programming.

Students engage in two types of service with their Elder Service Partners. First, they join them in serving at places like Recycle Bicycle, local churches, New Hope Ministries, libraries, food pantries, local retirement communities and museums. Second, students conduct life history interviews with their Elder Service Partners and create a chapter of their ESP's Life Story, which is presented at a celebratory reception held at the end of the semester. The Life Story document serves as a gift to the older participants for their willingness to spend time with their undergraduate counterparts, as well as a valuable expression of reciprocity in the relationship.







According to Matt Glenzel (HDFS with GERO minor '18): "I have had the privilege of volunteering with Bill Sangrey at the Antique Automotive Museum in Hershey. At the museum, I have helped set up display cases for the new incoming cars, developed a better appreciation for antique automobiles, and have grown close to Bill. Bill is a highly active individual who knows everything about cars, is very close with his family and has a passion for working as a team. I have really enjoyed my experience at the Antique Automotive Museum and plan on keeping in touch with Bill after graduation."

For Danna Ramirez-Gomez (HDFS '21): "To say that it has been a delightful experience is really an understatement to the reality of what this journey with Mr. Terry has been. His passion for life and service has become an [outstanding] example in my life. I didn't know how much joy would come as a result of serving beside a "stranger." Delightedly, I can say he is no longer a stranger, but a friend. It has been an undeniably amazing experience!"

Abby Kazee (HDFS '18) also reflected on her experience: "The Elder Service Project has been such a gift to me. Nancy, my volunteer, is also a dear friend from my church. We teach preschoolers in Sunday School and bake food for weekly church meetings. Through this experience I have been able to get to know her better and to value every moment life has to offer. This experience has been invaluable to me and I will carry what I've learned here into my professional and personal life."

"I didn't know how much joy would come as a result of serving beside a stranger. Delightedly, I can say he is no longer a stranger, but a friend." — Danna Ramirez-Gomez (HDFS '21)

FROM THE DEPARTMENT CHAIR

By Dr. Raeann Hamon



This column is about gratitude. For sure, there are many Scriptures which admonish us to develop a spirit of gratefulness. For instance, Colossians

3:15-19 says, "And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him." Psalm 118:24 reminds us, "This is the day that the Lord has made; let us rejoice and be glad in it." Psalms 100:1-5, too, is a psalm for giving thanks. "Make a joyful noise to the Lord, all the earth! Serve the Lord with gladness! Come into his presence with singing! Know that the Lord, he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture. Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name! For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations." These verses make my heart swell with gratefulness for a Savior who loves and cares for us through all circumstances! Indeed, we can be thankful! What I also see in these verses is how a spirit of gratitude shapes our outlook on life and our behavior toward one another. Thankfulness is accompanied by singing, a spirit of gratitude, a gracious way of seeing the world, a compassionate way of approaching one another.

Family strengths research also reveals that expressions of appreciation and affection are qualities of strong families. Time and time again, research shows that members of strong families not only care deeply for one another, but they communicate that appreciation and love to each other on a regular basis (e.g., Stinnett & DeFrain).

Gary Chapman, in his book entitled "The Five Love Languages," suggests that there are five primary ways to express and experience love and appreciation. People often express love and appreciation in ways that they prefer to receive love and appreciation, so the key is to know your partner's or family members' preferred love language. The five love languages include: receiving gifts (purchasing or making gifts to give to one's partner), quality time (giving the other person your undivided attention), words of affirmation (using words to affirm other people), acts of service (doing things for your loved one) and physical touch (expressions of appropriate touch). Expressing our gratitude to the people that we love and with whom we share our everyday lives needs to be a priority.

We see the world, our relationships, and our situations differently when gratefulness takes control. In this newsletter, you will see lots of things for which I am grateful. I am grateful for a place like Messiah College and its mission to educate men and women toward maturity of intellect, character and Christian faith in preparation for lives of service, leadership and reconciliation in church and society. I'm also grateful to be a part of a department faculty who cares for and respects each other and who complement each other's professional gifts and areas of expertise. I'm grateful for the fields of family science and family and consumer sciences which are devoted to strengthening individual and family wellbeing. I'm grateful for students eager to learn and apply their skills in ways which communicate Christ-like care to others. I'm grateful for the many opportunities afforded our students that you will read about in this newsletter, like conference participation, service-learning, internships and study abroad. I am grateful for alumni and friends of the College who continue to care enough about our mission and our current students as to create research/professional development and scholarship endowments which makes all of this possible. Above all, I'm grateful for a Lord and Savior who promises to be with us in good and bad times, who yearns to be in relationship with us and assures us of life everlasting.

We see our world, our relationships, and our situations differently when gratefulness takes control.

As you read this newsletter, I hope that you will join me in a spirit of gratitude. Let's celebrate all that is possible for our students here at Messiah College and beyond. Oh give thanks to the Lord, for he is good, for his steadfast love endures forever! (Psalms 107:1).

Racann R. Hamon_

Raeann Hamon, HDFS department chair



The HDFS Department Team: Raeann Hamon, Debbie Chopka, Paul Johns, Erin Boyd-Soisson, Robert Reyes.

HELPING KIDS AFTER THE HURRICANE

By Matthew Brown (HDFS '18)

In the fall of 2017, I chose to organize a children's book drive designed to support families whose homes had been flooded by Hurricane Harvey. The project was a part of a service learning assignment in my Family Science Senior Seminar course and was supported by HDFS professor Paul Johns. By contacting West Shore Free Church in Mechanicsburg, PA, I was connected with the director of ministry effectiveness for the Evangelical Free Church of America in the Texas area, Katie Arnold. Katie provided contact information for a church in need of support—Shine Bible Fellowship Church in Cypress, Texas. I worked through the Campus Events office and College Press to advertise and organize the best location for the book drive and collected donations from both the students and faculty of Messiah College.I also received donations from my local church Shady Grove Presbyterian in Der-



Matthew Brown (HDFS '18).

wood, Maryland. Besides books, donations for the project included substantial monetary support for shipping costs to Cypress. In early December, I sent the church around \$250 worth of books to be part of a stocking stuffer event designed for young families that had experienced loss due to the hurricane. I would particularly like to thank Ally Morgret (fellow HDFS senior), Professor Johns, Charlie Baile (pastor of Shady Grove), all churches and staff involved, Messiah College and all who donated for their support and encouragement throughout the process.



Like the Messiah College Department of Human Development and Family Science on Facebook!

facebook.com/Messiah.HDFS

The Department of Human Development and Family Science

MISSION

The Department of Human Development and Family Science equips students with the knowledge, skills and expertise to enhance the well-being of individuals and families across the lifespan in diverse social and cultural settings. Within the context of Christian faith and values, the department prepares students, through experiential and application opportunities, to pursue leadership, service and reconciliation locally, nationally and globally.

DEPARTMENTAL PROGRAMS

Majors

- Human Development and Family Science (B.A.)
- Family and Consumer Sciences Education (B.S.)
- Graduates of both the HDFS and FCSE majors are eligible to receive the provisional Certified Family Life Educator (CFLE) designation from the National Council on Family Relations.

Minors

- Children and Youth Services
- Disability and Family Wellness
- Gender Studies
- Gerontology
- Human Development and Family Science
- Multicultural Families
- Pre-Counseling and Therapy

CONTACTS

Faculty Erin F. Boyd-Soisson, Ph.D., CFLE eboyd@messiah.edu; 717-766-2511, x 2254

Raeann R. Hamon, Ph.D., CFLE rhamon@messiah.edu; 717-766-2511, x 2850

Paul A. |ohns, M.A., CFLE, LMFT pjohns@messiah.edu; 717-766-2511, x 2603

|. Roberto Reyes, Ph.D., CFLE rreyes@messiah.edu; 717-766-2511, x 7205

Administrative Assistant Debbie Chopka dchopka@messiah.edu; 717-766-2511, x 2629

2018 HDFS DEPARTMENT OUTSTANDING ALUMNI AWARD RECIPIENT

By Dr. Raeann Hamon



ERIN L. SHAFFER (HDFS '99)

Each year since 2012, the faculty in the Human Development and Family Science Department look forward to the opportunity to recognize one of our graduates for the positive impact she/he has on individuals and families. The department of HDFS Outstanding Alumni Award is designed to recognize HDFS and FCSE alumni who demonstrate significant and professional leadership and a legacy of distinguished contributions to the service of individuals and families. We are pleased to announce that Erin (Devine) Shaffer (Family Studies/ HDFS '99) is the 2018 HDFS Outstanding Alumni.

For the past 18 years, Erin L. Shaffer has made an impact on the lives of hospitalized children and families in the child life profession. Through the years, Erin has worked as a child life specialist, providing emotional and psychosocial support to hospitalized children with both acute and chronic illnesses. These hospitals include: The Bristol Myers Squibb Children's Hospital, New Brunswick, NJ; Lehigh Valley Hospital, Allentown, PA; Children's Hospital, Greenville Health System,Greenville, SC and most recently, Penn State Health Children's Hospital, Hershey, PA.

During her journey, Erin has shown her commitment to the growth of future child life professionals as a preceptor for dozens of interns, students and new specialists in the field. She has also been sought out by her peers as a mentor and support. Erin has served as a leader in the role of child life coordinator as well as developing child life programing for a one person child life program, neonatal intensive care, pediatric emergency, as well as outpatient pre-op surgery units. Her most recent endeavor brought her and her family back to Pennsylvania, to serve as the child life department's facility dog handler for Penn State Health Children's Hospital. In this role, Erin is the primary handler for the Children's Hospital's second facility dog. She is able to apply her extensive knowledge of hospitalized children and utilize the dog as a tool to promote positive coping and assist children during difficult procedures and treatments. She is a highly competent and respected member of the interdisciplinary team which recognizes the tremendous contribution of the child life professional's role. As a child life specialist, Erin's hope and passion is to leave a mark on the hearts of those around her and continue to spread joy and compassion to children and families in the hospital setting.

Erin is married to Mike and has three sons:

Ryan, 16; Nathan, 10; and Owen, 6.

Congratulations to Erin for being recognized! Be sure to check out the HDFS Department webpage to see other HDFS Department Outstanding Alumni recipients. Be sure to submit your own nominations for the 2019 award.

INTERNATIONAL STUDENTS JOIN HDFS DEPARTMENT

Hannah Wagner (HDFS '21)



All of my life has been spent being a missionary kid. I never thought that I too would be a missionary, but God has put on my heart a love for people. I strongly believe that the most important thing in missions is relationship. And what better way to prepare myself to interact well with people than to major in HDFS? HDFS will give me a deeper understanding of interactions and behaviors of people. This will help me to develop relationships more intentionally with the people around me, and to share Jesus effectively as I walk the journey of life with people.

International students and HDFS majors Hannah Wagner ('21) from Kenya and Mik Fenn ('21) from Honduras share their country bracelets.

AN ETERNAL DIFFERENCE: PARENTING FROM THE GROUND UP.

Jason Lehman (HDFS '04 Masters in Counseling/Therapy '13)

In January of 2018 Jason Lehman, MA, CFLE, NCC (HDFS and Counseling Graduate of Messiah) conducted a Parenting Seminar in Poltava, Ukraine. Hosted by InStep Ministries International, the weekend parenting seminar focused on three key areas: family dynamics, parenting boundaries and attachment. Each session highlighted both personal and professional stories, offered practical parenting guidelines, and drew from the rich history of the Ukrainian people. Jason states, "It has become more evident the need for theologically sound, research based, culturally sensitive family life education in Eastern Europe! It was a humbling experience to bring together my education, experiences and love for people on this trip."





Jason with colleagues in the Ukraine

The weekend parenting seminar focused on three key areas; family dynamics, parenting boundaries and attachment.

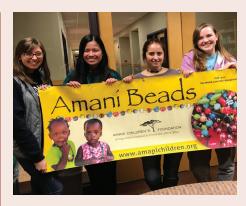
For more information about this trip or work in Eastern Europe please contact jasonplehmancfle@gmail.com.

AMANI BEADS MINISTRY SUPPORTS KENYAN ORPHANS

Jennifer Brenner (HDFS '18), Leila Zeigler (HDFS '18), Amber Minarich (HDFS'18)

Senior HDFS majors Leila Zeigler, Amber Minarich and Jen Brenner have chosen to serve with Amani Beads over the past two semesters. Due to conflicting obligations, Amani was resigned to a hiatus for the 2016-2017 year, but this created an excellent opportunity to get the ball rolling again. With support from fellow volunteers, Leila took the initiative and was able to revive the Amani Beads outreach at Messiah College.

Amani aims to serve the needs of orphaned children in Kenya. Volunteers make one of a kind jewelry to be sold at an end of the semester sale to benefit New Life Homes. Since Amani is a volunteer effort, all proceeds from sales go directly to Kenyan orphans. The beads as well as other jewelry items, household goods and artwork sold by Amani are handcrafted by women in Kenya. Because of this, Amani is a unique, collaborative service opportunity between people who string the beads into jewelry, people who sell Amani items, and women in Kenya handcrafting beads and other items. Amani has many different branches where people volunteer. The Amani family here at Messiah College enjoys getting together every Wednesday evening for warm conversation and enthusiastic service. Every volunteer



Volunteers revive Amani Bead outreach. Left to right: Mackenzie Wear, Leila Zeigler (HDFS '18), Amber Minarich (HDFS '18), Jennifer Brenner (HDFS '18).

brings new opportunities for Amani beads. Consider joining the fun next year!

CONFERENCE HIGHLIGHTS

NCFR CONFERENCE

Verity Hwang (HDFS '18)

While the rest of the Messiah student population braved the autumn chill of Pennsylvania in November, 17 Human Development and Family Science students enjoyed the sunshine and warm weather in Orlando, Florida. These students, along with Dr. Raeann Hamon, Dr. Erin Boyd-Soisson and Dr. Robert Reyes, were in the Sunshine State for the 2017 National Council on Family Relations Conference held at the Rosen Centre Hotel. The four day conference, from November 15-18, focused on the theme of "Families as Catalysts: Shaping Neurons, Neighborhoods, and Nations," with discussions around the question of how families function as catalysts for well-functioning societies-an appropriate question to ask in the current cultural climate. Plenaries, symposiums, workshops and roundtable discussions presented on topics such as race, immigration, disability, neighborhoods and laws and policies. This conference provided students valuable opportunities to network with professionals, converse about current findings, gain information about graduate programs and certifications, and for some students, be on the conference program as part of their presentations with faculty members. In the evenings, after conference hours, students were able to take advantage of the hotel's beautiful outdoor pool and hot tubs, fellowshipping with one another and continuing their discussions of their takeaways from the day. On Friday evening, the department treated the students to dinner in downtown Orlando, where they enjoyed delicious Cuban food and time together as a department.

Ask any of the 17 Messiah students who attended the 2017 NCFR Conference, and chances are, they will speak fondly of their time at the conference during those four days. In their personal reflections, many students spoke of the opportunities to network. Josiah Harmes (HDFS '20) notes, "One of my favorite parts of being at the conference was being able to talk with other professionals. During the university reception and the exhibits I got experience talking with other professionals about my career goals and about their programs and jobs. This helped me to be able to make



Presenters at the Experiential Practices... Session: Dr. Debra Berke (Wilmington U, DE), Dr. Suzanne Smith (Washington State U Vancouver, Dr. Erin Boyd-Soisson (Messiah College), Dr. Raean Hamon (Messiah College), Verity Hwang (HDFS '18), Josiah Harmes (HDFS '20), Dr. Robert Reyes (Messiah College)

some contacts for the future while practicing interpersonal skills in a professional environment." Similarly, Hannah Heintzelman (HDFS '21), was able to see the "importance of networking with other individuals at the conference for grad school programs or future job opportunities."

"...I strongly encourage all HDFS students to consider attending an NCFR conference at least once during their time at Messiah." — Emily Galliard '18

Additionally, many students were encouraged to see the practical applications of some of the things they have learned in their own classrooms. Amanda Strong (HDFS '18), who presented with Dr. Hamon, shares, "It was great to see posters and studies similar to the ones I have completed within the HDFS major...Since the conference, I see myself as a budding professional who is capable of contributing to the field and impacting families." Susan Piland (HDFS '18), echoes this sentiment, with Susan comparing the plenary session titled "The Journey from Normal" to her own senior strategies project on "raising a child with Down syndrome", saying, "it was really cool for me to hear someone who has experienced this confirm a lot of the things that I researched."

Students also found ways to further develop their professional careers after graduation. Annie Insley (HDFS '18) reflects on a particular conversation she had at the conference, "This year the biggest takeaway from the conference was a conversation that I had with a student at Illinois State University, which is my dream grad school for child life. The student I talked with encouraged me to attend grad school because of how competitive child life is and she also connected me with others in the field." Ella Gutman, (HDFS '18) who graduates this May, had the opportunity to meet with Dr. Amber Seidel from Penn State York to discuss the Master of Education in health education program. Now, several months after the conference, Ella has accepted a position as a graduate assistant at Penn State University in the School of Behavioral Sciences and Education, working to become a health educator! Furthermore, Dr. Seidel has invited her to attend the first Annual Diabetes Expo by the Diabetes Coalition of York County, which Ella will be attending in March.

Finally, many students looked back and fondly remembered the time spent together with other Messiah attendees. For some, this conference was their first time interacting with some of the other students and through their time together traveling by plane, squeezing into Ubers, sharing hotel rooms, walking around the poster sessions, exploring Orlando and attending sessions, students were able to further

"I made many connections with professionals that I would probably not ever have the chance to mee anywhere else."

— Emily Galliard '18

deepen friendships, as well as form new friendships. Danielle Shover (HDFS '19), "Getting to know my fellow students and faculty of HDFS was an added bonus. I thoroughly enjoyed our conversations and interactions throughout the week and it was good to have others to talk about what I was learning and how I was growing throughout the week," Emily Galliard, (HDFS '18), "In all honesty, my favorite part of attending the conference was getting the chance to know the people in my major better. I thoroughly enjoyed being with them and being able to experience something new with people who are studying the same things as me."

I can certainly agree with many of what my classmates have shared of their experiences at the 2017 NCFR conference! For me personally, this was my first NCFR event as well as my first professional conference. Thus before attending the conference, I didn't know if it would be interesting or even at my level of understanding, being an undergraduate student among all these doctors and professionals! However, I strongly encourage all HDFS students to consider attending an NCFR conference at least once during their time at Messiah. It was an amazing experience to be surrounded by hundreds of other people in this area of study, all talking about families, current issues, policies and ways to empower communities. Messiah's HDFS department is full of wonderful and knowledgeable professors and students, but being in Orlando and having the opportunity to hear conversations between people of different interests, backgrounds, and viewpoints gave me a new perspective on certain things, while strengthening the concepts and ideas that our department has taught me. I intentionally attended many sessions on racial issues and other controversial issues, such as LGBTQ+ rights and the refugee crisis —issues that I would like to continue learning



Dr. Reyes joined a sub-group of Messiah students for dinner.

more about. Attending these sessions and hearing from more secular viewpoints helped me to define how I intersect my faith, my education and these issues in the world around us. Being an undergraduate student attending this conference, I made many connections with professionals that I would probably not ever have the chance to meet anywhere else. I am so glad I attended this year's conference and am already looking forward to next year's!

CO-PRESENTING AT THE AGHE CONFERENCE By Abby Young (Music, CYS minor '19)



Dr. Raeann Hamon and Abby Young '18 at AGHE Conference

I attended the national conference for the Association for Gerontology in Higher Education (AGHE) in March with Dr. Hamon. We presented a poster on the Sing for the Moment choir, a choir for dementia patients and their care partners, run by Dr. Rachel Cornacchio. The poster was displayed for several hours, and we were required to be present and explain our poster and the program to the conference attendees. Through this experience I have developed greater comfort when speaking to professionals, along with improving my networking skills. Additionally, I gained confidence in speaking competently to others about topics on which I am knowledgeable and passionate. Not only did I present at the conference but I was also able to attend sessions and learn about the cutting-edge practices and heard

from the leading figures in the field. For example, I attended a combination Pecha Kuchu and round table, during which I learned about several prevalent issues in gerontology, and was part of a table discussing ideas for teaching. I greatly enjoyed this table as I am hoping to be a teacher. I was able to go to the conference on account of receiving a Gish Women in Leadership award and a SGA grant. I would highly encourage other students to seek out opportunities to attend conferences. They are great opportunities for networking and learning more about your field. Additionally, it is a great place to learn how to put your classroom knowledge into practice, and learn new ideas and concepts in your field. There are so many opportunities around us find one that suits you and jump on it!

HDFS STUDENT ATHLETES

TRACK TEAM ENHANCES COLLEGE EXPERIENCE



EMMA FERTIG (HDFS '21) Pictured on far left.

"Being a student-athlete at Messiah College is an honor and an experience all in itself. While Coach Fogelsanger is a strong supporter of putting education first, he is not one to take practice and performance lightly. Time management is a huge component of the studentathlete experience that Messiah provides. I was able to run at MACs this winter for indoor track, placing eighth in the 800 with a huge personal record, which was a great personal achievement."



KELSIE KENNEDY (HDFS '20)

"Messiah College has given me the opportunity to gain knowledge in the field of Human Development and Family Science, and I have been able to practice these teachings in relationships with my teammates. Track and field at Messiah has helped me to grow in my faith and has taught me what it means to be part of something bigger than myself."

WOMEN'S SWIM TEAM WINS MAC CHAMPIONSHIP



Women's Swimming 2018 Mac Champions. Kaity Chemedlin (FCS '20) top row, first on left. Nicea McCabe (HDFS '21) top row, fourth from right.

NICEA MCCABE (HDFS '2I)

This year being my first season with the falcons I had only heard of what an amazing experience MACs was. However, being able to experience it first-hand was 1000x better. The teamship and support that I felt and was able to give throughout that weekend is what made me fall in love with swimming more than ten years ago. It was so awesome to see the women's team pull together and swim their hearts out all while giving everything to God. I cannot wait to spend three more years with this team and look forward to what God has in store for us.

KAITY CHEMIDLIN (FCS '20)

My experience at MACs was amazing and an unforgettable time. It is a time that I love and cherish because the team comes together as one, men and women, and just has a great time. Everyone cheers and supports each other in every single race. The experience allows the team to celebrate the accomplishment of others and swim our best to glorify God.

TEACHING INTERN PROGRAM AFFORDS OPPORTUNITY TO EXPLORE TEACHING CAREERS

By Dr. Erin Boyd-Soisson and Annie Insley (HDFS '18)

Recently, the Office of Teaching and Learning has begun offering the opportunity for faculty to apply for a teaching internship grant that can be awarded to a student for one semester. According to the grant description, "The teaching internship program helps prepare students who are considering careers in higher education, while motivating the faculty member to cultivate and transfer his/her teaching skills." The grant provides a wonderful opportunity for faculty members to mentor undergraduate students in the area of college teaching.

During the spring 2018 semester, I applied for the teaching internship grant with Annie Insley, an HDFS junior, who is interested in child life, and who is also considering teaching as an adjunct in the future. Because of Annie's career interests, she is a great candidate for a teaching intern for HDFS 320 Play and Development. Annie took the class her first year at Messiah, and utilizes play in her internship at a grief and loss center for children as well as her volunteer work in child life. Annie's unique understanding of the developmental and therapeutic uses of play has been a great asset to me as I have gone through this semester. I have appreciated Annie's feedback on teaching techniques and her suggestions for improvements for future classes. Below is Annie's account of her experience as a Teaching Intern.

— Dr. Erin Boyd-Soisson



Annie Insley (HDFS '18) and Dr. Erin Boyd-Soisson --photo by Debbie Chopka

This semester I have had the opportunity to be a teaching intern for Dr. Boyd-Soisson's Play and Development class. I took this course two years ago when I was a freshman and really enjoyed the course material, which is why I wanted to a teaching intern for it two years later. In my role, I spend the majority of my time attending class, assisting Dr. B with different classroom activities, and researching material relevant to the course topics. I will also be teaching a class later in the semester on a topic related to play and children's grief. As a teaching intern,

have gained a deeper understanding of effective teaching strategies in the classroom that will help me as I engage with children and families in the future. This opportunity has been a great way to deepen my understanding of the course material as well as strengthening my teaching abilities and understanding of education as a whole.

— Annie Insely, (HDFS '18)



Diplomats play a game of "family feud" with accepted students to share information about the department in a fun way.

DIPLOMATS SUPPORT DEPARTMENTS **RECRUITMENT EFFORTS** By Kortnei Confer (HDFS '19)

This is my fifth semester being an HDFS Diplomat and it has been so rewarding. As a Diplomat, I attend various prospective student programming, specifically the HDFS Academic Sessions where prospective students come to learn more about our department. At these sessions I get to share why I am passionate about families, why I chose HDFS, what I am involved in on

campus, and what I plan to use my degree for in the future. It is an honor to get to meet and follow up with these students and an even greater joy to get to see them around campus and in classes when they choose to attend Messiah

FRIENDS OF HDFS

GENEROUSLY DONATING TO SCHOLARSHIPS

By Dr. Raeann Hamon

The last couple of years have been particularly exciting for me as several scholarship endowments have been created for students in the Human Development and Family Science Department. Wow! Did you ever want to sing at the top of your lungs while standing on the highest mountaintop while throwing your arms up into the air? That's me! Words seem inadequate to describe my joy and gratitude for these special people who have sensed a call and decided to respond in a very generous way. These scholarships will help students attain a Messiah College education in Human Development and Family Science or Family and Consumer Sciences, ultimately helping families in meaningful and life-changing ways.

I asked those who have created scholarships to share a few words about their decision to do so. Please join me in thanking these wonderful people who see the value of investing in our special students. Praise be to God!



SUSAN AND TONY SCHIANO

Messiah College Board of Trustee

I have served as a trustee of Messiah, for over 10 years, but Susan's and my relationship with Messiah goes back to when we first attended West Shore Evangelical Free Church in 1983. Many of the attendees were Messiah educators or staff, and many students came as well. We were very impressed with the commitment they showed to Christ and making a difference in the lives of others, and this led us to a closer relationship with the college. Susan has been a leader for me, and many others, when it comes to promoting the importance of family and the impact that Christian organizations have on developing our youth and preparing them for future roles in society

When we heard Dr. Hamon speak at a Messiah event, we were both impressed with her commitment to HDFS, and what she and her team were accomplishing with her students. We thought what better way to support her efforts than with a scholarship. It is our hope and prayer that this will allow more students to pursue education and careers in this area and help build stronger families in America and beyond Blessings to you and all of the Messiah team!



STEPHEN RICE Business Administration, '80; Dauphin County Children and Youth, retired.

I believe deeply in the values of Messiah College. Particularly, the academic discipline, the emphasis on a gracious Christianity, and the focus of a Christcentered life. And it is a privilege to financially assist the exceptional young people who desire to attend Messiah, and have a passion for equipping families with the necessary skills to succeed in today's society.

"Words seem inadequate to describe my joy and gratitude for these special people who have sensed a call and decided to respond in a very generous way." — Dr. Raeann Hamon



SOO AND YONG LEE Messiah College Librarian, 1982-1999

My husband Yong and I are grateful immigrants from Korea, who came to this country to pursue graduate degrees in engineering and library science, respectively. Later, we met and married, producing two proud sons and five beautiful grandchildren.

We were always looking for ways to pay back the USA for the help that we have received throughout the years. One day last year, I was having lunch with Dr. Hamon when I found out about the opportunity for establishing a scholarship to help financially needy and yet worthy students at Messiah, as Dr. Hamon and her husband did. Then and there, we decided to establish a Yong and Soo scholarship in Human Development and Family Science or Nursing Departments, as I had been a library liaison for [these two departments for] years [while working at Messiah College].

JOIN THE ENDOWMENT CHALLENGE

By Dr. Raeann Hamon

Are you interested in contributing a gift that keeps on giving? If so, consider endowing an HDFS Department Student Scholarship or Research Endowment Fund! The Messiah College Board of Trustees, through the Committees on Finance and Advancement, has issued an endowment matching challenge for scholarships or undergraduate student research in support of key goals in our current strategic plan. The first option is to endow an HDFS department-specific scholarship (like those noted in an article within this newsletter). Scholarship endowments require a minimum of \$25,000 to get them started. However, with the current challenge, donors need to give \$12,500 over a two-year period and the College will provide the remaining \$12,500 in a match! Can you imagine endowing a scholarship within two years? This scholarship can bear the donor's name and help to support Human Development and Family Science and/or Family and Consumer Sciences students!

These scholarships can make the difference in helping financially needy students be able to finish their degree at Messiah College. The second option is to donate a \$5,000 gift over two years toward a Student Research Endowment Fund, with the College matching the remaining \$5,000 to create a \$10,000 endowment. This endowment would produce about \$500 each year to help support HDFS and FCS students to complete student honors research projects, engage in research with faculty, contribute to community research and/or travel to present at professional conferences. These professional development and research activities are capable of giving our students the competitive edge when applying to graduate schools and entry level jobs. In both cases, an Endowed Fund Agreement is prepared to establish the donor's preference for the stipulations of the new endowment. Giving is possible via cash, check, IRA rollover or stock transfer. If you are interested in

creating a named endowment for scholarships or research, I would be thrilled to have you please contact me directly at rhamon@ messiah.edu. I would be happy to put you in contact with a representative from our Development Office to assist with this process.

Are you interested in contributing a gift that keeps on giving? If so, please consider endowing an HDFS Department Student Scholarship or Research Endowment Fund!

PAFCS CONFERENCE By Daniel Reiste (FCS '18)

From April 5-7 four Messiah students (Dan Reiste FCS '18, Kimberly Lopez FCS '19, Joanna Bopp FCS '19, Kaity Chemidlin FCS '20) travelled with Dr. Hamon to the annual PAFCS conference held at the Hilton Hotel in Scranton, Pa. This conference serves as a great opportunity for professional development and networking through a variety of workshops, keynote lectures, and other social opportunities throughout the weekend. The workshops cover a great range of topics including: Financial literacy, play and development, cooking with grains and barley, the art of making sushi. PA beef and veal grants and careers in hospitality management.

In addition to the workshops, over 50 other FCS professionals were in attendance which served as a wonderful resource and networking opportunity for student members. Four Messiah alum also attended the conference which clearly illustrates the dedication of Messiah graduates to their individual fields. Ultimately, this conference provides an abundance of resources for future FCS educators and is always a highly anticipated event within the FCS department.

Right: Kaity Chemidlin (FCS '20) and Kimberly Lopez (FCS '19) help host the Messiah exhibit at the PAFCS Conference. Below: Professor Sasha Roble, Dr. Raeann Hamon, Kimberly Lopez (FCS '19), Daniel Reiste (FCS '18), Kaity Chemidlin (FCS'20) and Joanna Bopp (FCS '19) pose for a photo.







HDFS NEWSLETTER

SPRING 2018

DEPARTMENT OF HUMAN DEVELOPMENT AND Family Science

One College Avenue Suite 3047 Mechanicsburg PA 17055

Address Service Requested

INTERESTED IN HELPING CURRENT AND FUTURE HDFS/FCS STUDENTS?

- Become a mentor for a junior or senior.
- Provide us your job information, so that we might feature you in an alumni career profile on our website.
- Make us aware of any internship or job openings for our students.
- Volunteer to participate on an alumni career panel during fall or spring semester.
- Visit one of our classes as a guest speaker.
- Offer constructive feedback on how we can improve the program.
- Contribute to our HDFS Department Student Professional Development Endowment Fund or the HDFS Department Student Scholarship Fund.
- Initiate an HDFS department-specific endowed scholarship fund.
- Pray for our ongoing work, so that we might offer the best educational experience possible and glorify God in the process.

Feel free to contact me about any of these items or other suggestions that you have at rhamon@messiah.edu.

INVITE PROSPECTIVE STUDENTS TO ATTEND OUR FALL ALUMNI CAREER PANEL.

Tuesday, Oct. 23, 2018 • 4:30 p.m. For details, contact **dchopka@messiah.edu**.

encourage rising 8th through 12th graders to attend our fcs summer camp.



Family and Consumer Sciences Career Exploration Camp

June 24-28, 2018

MESSIAH.EDU/KNOWTHEFACSCAMP