

# Medical School Application Checklist

## First Year

- ' I registered with Martha Smith, Coordinator of Pre-Health Professions Advising.
- ' I am currently taking or planning to take the appropriate core classes to apply to medical school. They are:

<u>Course Name</u>	<u>Course Number</u>	<u>Semester</u>	<u>Grade</u>
<i>Chemistry with Lab (2 years)</i>			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
<i>Physics with Lab (1 year)</i>			
_____	_____	_____	_____
_____	_____	_____	_____
<i>Biology with Lab (1 year)</i>			
_____	_____	_____	_____
_____	_____	_____	_____
<i>Mathematics (1 year)</i>			
_____	_____	_____	_____
_____	_____	_____	_____
<i>English (1 year)</i>			
_____	_____	_____	_____
_____	_____	_____	_____

- ' I have read and understand Messiah College Guidelines for Premedical Students.
- ' I have joined Med-Aware and am active in the organization.
- ' I have carefully chosen a few other activities that I am meaningfully involved in.
- ' I am regularly reading, including the New York Times and the Washington Post.
- ' I am attending research seminars, science and faith colloquiums, and as many other related conferences as my schedule allows.
- ' I have purchased and have started to work on a MCAT review workbook.
- ' I have visited the Career Center and completed at least one personality inventory.
- ' I have carefully documented all of my health-related activities and started a portfolio with

the Pre-Health Professions Advising Office.

**Sophomore Year**

- ' I have met with Martha Smith at least once each semester.
- ' I am doing something or planning to do something scholarly in research, teaching or service-learning.
- ' I am involved in, or planning for, a medically-related experience.
- ' I have visited the Career Center at least once this year.

**Junior Year**

- ' I have met with Martha Smith at least once each semester and am on track according to the Messiah College Guidelines for Premedical Students.
- ' My portfolio is current and complete.
- ' I will complete all required pre-med courses by the end of the fall semester if I am taking the MCAT in April.
- ' I have gained some research experience.
- ' I have requested letters of recommendation from faculty and co-curricular educators using the appropriate form. Their names are:

Name	Title	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

- ' I am working on my AMCAS/AACOMAS essay and will show it to \_\_\_\_\_  
\_\_\_\_\_ for review.
- ' I have completed all documentation necessary for the fee assistance program. (If applicable)
- ' I have registered to take an MCAT review course. (If applicable.)
- ' I have taken my MCAT.
- ' I have obtained copies of all of my college transcripts and verified them for accuracy.
- ' I have completed the Personal Information Form (PIF) for the Pre-Health Professions Advising Office by February 15th.
- ' I have verified that my letters of recommendation have been submitted to the Pre-Health Professions Advising Office by April 15th.
- ' I have interviewed with my assigned Pre-Health Professions Committee member.
- ' I have attended at least one mock interview.
- ' I have submitted my AMCAS/AACOMAS application as early as allowable.
- ' I have notified Martha Smith of the secondary application requests I have received and

have supplied her with **complete and accurate** mailing addresses.

- ' I have contacted any medical schools to which I applied but did not receive a reply.
- ' I have taken necessary action on non-AMCAS applications and/or early decision applications. (If applicable.)

### **Senior Year**

- ' I have notified Martha Smith about scheduled interviews.
- ' I have completed post-interview reflections sheets for each interview I have attended.
- ' I have been accepted into Medical School and I have accepted one!
- ' I have notified the medical schools that I was accepted at but do not plan to attend of my plans.
- ' I have rejoiced!