

Social Work Major (8 semester plan)

updated fall 2024

Met	Semester 1	Credit	Met	Semester 2	Credit
	SOWK 099 Professionalism in SOWK	1		SOWK 221 Human Behavior	3
	SOWK 120 Intro to Social Work*	3		ENGL 110 Critical Reading & Writing*	3
	PSYC 101 Intro to Psychology*	3		BIOL 158 Human Biology & Lab*	4
	IDFY 101/102H First Year Seminar*	3		2 nd Language*	3
	COMM 105 Oral Communication*	3		<i>IDEG 300H* required for honors students only</i>	
	1 st Language*	3		(or) Free Elective for non-honors	3
	Total	16		Total	16

Met	Semester 3	Credit	Met	Semester 4	Credit
	SOWK 250 Practice w/ Individuals	3		SOWK 360 Practice w/ Families	3
	SOWK 251 Field Exp. Individuals	1		SOWK 361 Field Exp. Families	1
	SOAN 101 Intro to Sociology	3		SOWK 382 Topics in Social Work	3
	BIBL 2XX*	3		STAT 269 Introductory Statistics*	3
	HIST 142 U.S. History Since 1865*	3		Free Elective	3
	Free Elective	2		Free Elective	3
	Total	15		Total	16

Met	Semester 5	Credit	Met	Semester 6	Credit
	SOWK 372 Practice w/ Groups	4		SOWK 420 Social Welfare Policies	3
	SOWK 385 Intro to SOWK Research	3		SOAN 356 Social Inequity (Social Problems)*	
	PHIL or RELI 1XX*	3		(Count as Intercultural Perspective – US)	3
	THEO 2XX*	3		Literature or Art 1XX, 2XX or 3XX*	3
	Ethics and the Common Good 3XX*	3		Free Elective	3
	Total	16		Free Elective	3
				Total	15

Met	Semester 7	Credit	Met	Semester 8	Credit
	SOWK 475 Practice w. Communities & Organization* (counts as Intercultural Perspective - Global)	3		SOWK 485 Seminar in SOWK Practice	3
	SOWK 476 Field Experience Communities and Organizations (ELI) **	1		SOWK 490 Field Practice in SOWK***	12
	SOWK 484 Prep for Field Practice	1			
	ECON 110, 117, OR 120 (choose one)	3			
	APHS/DANC/WELL 1XX*				
	(WELL 139 required for student Athletes)	1			
	SOWK 260 Child Welfare or Free Elective	3			
	Free Elective	2			
	Total	14		Total	15

8-semester plans are a suggested course sequence to be used as a guideline for degree completion. Students should work carefully with academic advisors to build an individual plan, using the 8-semester plan as a tool along with the degree audit and semester course schedules. The 8-semester plans do not guarantee course offerings or available seats.

- An overall 2.7 (B-) GPA in the major A 2.3 (C+) requirement for all SOWK designated courses
 An overall 2.5 cumulative GPA Cross-cultural experience **Total Credits (123)**

* General Education requirements

** Counts as ELI graduation requirement for service learning

***SOWK490 meets General Education Cross-Cultural experience

(SOWK 260 Child Welfare is considered a free elective, but highly recommended for Social Work majors)