

**Messiah University Nutrition and Dietetics Course Planning – Verification**

Name: \_\_\_\_\_

| Fall 2024   | Cr       | Sem | Grade | Spring 2025                                | Cr       | Sem | Grade |
|---|----------|-----|-------|--|----------|-----|-------|
| <b>CHEM 105: Gen Chem I</b>                           | <b>4</b> |     |       | <b>CHEM 106: Gen Chem II</b>               | <b>4</b> |     |       |
| <b>NUTR 102: Intro to Nutr/Diet</b>                   | <b>1</b> |     |       | <b>NUTR 121: Food &amp; Food Science</b>   | <b>3</b> |     |       |
| <b>APHS 170: Concepts of Holistic Wellness</b>        | <b>2</b> |     |       | <b>PSYC 101: Intro. To Psych</b>           | <b>3</b> |     |       |
|   |          |     |       |  |          |     |       |
| <i>TOTAL</i>  |          |     |       | <i>TOTAL</i>                               |          |     |       |
| Fall 2025   | Cr       | Sem | Grade | Spring 2026                                | Cr       | Sem | Grade |
| <b>BIOL 185: A&amp;P I**</b>                          | <b>4</b> |     |       | <b>BIOL 186: A &amp; P II**</b>            | <b>4</b> |     |       |
| <b>CHEM 204: Organic Chem for the Life Sciences**</b> | <b>4</b> |     |       | <b>STAT 269: Introductory Statistics</b>   | <b>3</b> |     |       |
| <b>NUTR 222: Principles of Nutrition</b>              | <b>3</b> |     |       | <b>BUSA 120: Principles of Mgmt</b>        | <b>3</b> |     |       |
|   |          |     |       |  |          |     |       |
| <i>TOTAL</i>  |          |     |       | <i>TOTAL</i>                               |          |     |       |
| Fall 2026   | Cr       | Sem | Grade | Spring 2027                                | Cr       | Sem | Grade |
| <b>NUTR 322: Nutr through Life Cycle</b>              | <b>3</b> |     |       | <b>NUTR 412: Medical Nutr Ther. II</b>     | <b>3</b> |     |       |
| <b>NUTR 425: Nutr Metab Res 1</b>                     | <b>4</b> |     |       | <b>NUTR 426: Nutr Metab Res 2</b>          | <b>3</b> |     |       |
| <b>NUTR 411: Medical Nutr Ther. I</b>                 | <b>3</b> |     |       |  |          |     |       |
|   |          |     |       |  |          |     |       |
| <i>TOTAL</i>  |          |     |       | <i>TOTAL</i>                               |          |     |       |
| Fall 2027   | Cr       | Sem | Grade | Spring 2028                                | Cr       | Sem | Grade |
| <b>NUTR 341: Food Service</b>                         | <b>4</b> |     |       | <b>NUTR 331: Adv. Food Sci. &amp; Tech</b> | <b>3</b> |     |       |
| <b>NUTR 410: Nutr Ed &amp; Counseling</b>             | <b>3</b> |     |       | <b>NUTR 352: Community Nutrition</b>       | <b>3</b> |     |       |
| <b>NUTR 493: Senior Seminar</b>                       | <b>1</b> |     |       | <b>BIOL 265: Microbiology</b>              | <b>4</b> |     |       |
|   |          |     |       |  |          |     |       |
| <i>TOTAL</i>  |          |     |       | <i>TOTAL</i>                               |          |     |       |

\*\*Students may substitute BIOL 170 and 460 for BIOL 185 and 186 and CHEM 309 and 310 for CHEM 204

Abbreviations: CR= credits, Sem = semester taken