

# Gluten-Free Daily Options

...in addition to the featured gluten-free station

## MONDAY

Crazy Eggs, Scrambled Eggs  
Bacon, Home Fries  
Toast, Fruit, Select Cereals  
Dragon Fruit Smoothie Bowl  
Yogurt

## TUESDAY

Scrambled Eggs  
Sausage Patty, Crispy Potatoes  
Toast, Fruit, Select Cereals  
Overnight Oatmeal  
Yogurt

## WEDNESDAY

Scrambled Eggs, Turkey Bacon  
Hash Browns, Oatmeal w/apples  
Toast, Fruit, Select Cereals  
Dragon Fruit Smoothie Bowl  
Yogurt

## THURSDAY

Scrambled Eggs, Baby Cakes  
Chicken Sausage  
Toast, Fruit, Select Cereals  
Peaches & Cream Oatmeal  
GF Toast upon request  
Salmon, Avocado, Bacon  
Hard-boiled eggs, Cucumber  
Tomato Jam, Spicy Sprouts  
Everything Bagel Seasoning  
Yogurt

## FRIDAY

Scrambled Eggs, Taco Eggs  
Taco Shells, Refried Beans  
Pork, Bacon, Salsa  
Avocado Crema, Shredded Cheese  
Toast, Fruit, Select Cereals  
Dragon Fruit Smoothie Bowl  
Yogurt

## SATURDAY

### BRUNCH

Scrambled Eggs  
Maple Sausage, Hash Browns  
Toast, Fruit, Select Cereals  
Yogurt  
Beef Sliders, Shoestring Fries  
Bacon, Cheese Sause  
Lettuce, Tomato  
Onion Petal Sauce  
Chef's Choice Vegetable  
Chicken & Rice Soup, Scallions  
BYO Deli, BYO Salad  
GF Pizza upon request

## SUNDAY

### BRUNCH

Scrambled Eggs  
Chicken Sausage  
Hash Browns, Oatmeal  
Roasted Apples  
Salted Caramel  
Toast, Fruit, Select Cereals  
Yogurt  
Tuscan Vegetables  
BYO Deli, BYO Salad  
GF Pizza upon request

### BREAKFAST

### LUNCH

Cheesesteak, Cheese Sauce  
Rice, Sesame Noodles, Rice  
Sriracha Cauliflower  
Fries, Corn, Baked Beans  
House Salad  
BYO Deli, BYO Salad  
GF Pizza upon request

Buffalo Ranch Wings  
Roasted Vegetables, Celery  
Ranch or Blue Cheese Packets  
Tilapia, Rice, Hard Taco Shells  
Slaw, Chipotle Mayo, Lettuce  
Sour Cream, Pico, Guacamole  
French Onion Soup, Parm, Parsley  
BYO Deli, BYO Salad  
GF Pizza upon request

Pork, Fried Rice, Stir-Fry Sauce  
Asian Vegetable, Pickled Ginger  
Sriracha, Scallions  
Waffle Fries, Kale Crunch Salad  
Pimento Cheese Spread  
Leaf Lettuce, Tomato  
American Cheese, Fil-a-Sauce  
Dill Pickle Chips, Popcorn  
BYO Deli, BYO Salad  
GF Pizza upon request

Mexican Rice, African Salad  
Salsa, Sour Cream  
Salt & Vinegar Chips, Tomatoes  
Romaine Lettuce, Red Onion  
Parmesan, Ceasar Dressing  
BYO Deli, BYO Salad  
GF Pizza upon request

BBQ Chicken, Flank Steak  
Fries, Mushrooms w/ Lentils  
Peas & Carrots, Slide Cheddar  
Arugula, White Rice  
Flank Steak, Salmon, Tofu  
Quinoa & Brown Rice  
Sweet Potatoes & Chickpeas  
Carrots & Broccoli,  
Mushrooms & Spinach  
Stir Fry Sauce, Peanut Sauce  
Scallion Blend  
Boiled Egg/Gochujang/Mung Beans  
BYO Deli, BYO Salad  
GF Pizza upon request

### DINNER

Cherry Glazed Pork Tenderloin  
Mashed Sweet Potatoes  
California Vegetables, Pecans  
Brown Sugar, Marshmallows  
Greek Chicken Legs  
Grilled Portabellas  
Greek Potatoes, Veg Medley  
Feta, Cucumber & Tomato Salad  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request

Shrimp, Italian Sausage  
Jasmine Rice, Vegetable Curry  
Marinara, Italian Veg  
Parmesan, Mozzarella  
GF Pasta upon request  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request

Pulled BBQ Beef Brisket  
Smokey BBQ Tofu, Bacon  
Mashed Potatoes  
Veg Stuffed Mushrooms  
Roasted Carrots, Potato Skins  
Cheese Sauce, Cheddar Cheese  
Feta Red Pepper Relish  
Jalapeno, Scallions, Sour Cream  
Chipotle Honey Sauce  
Avocado Ranch  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request

Mongolian Beef, Jasmine Rice  
Asian Veg, Scallions, Sweet Chili  
Chicken, Shrimp, Bacon, Eggs  
Iceberg Lettuce, Onion, Tomato  
Cheddar Cheese, Avocado  
Cucumber, Ranch Dressing  
Red Wine Vinaigrette  
Chicken Posole Soup, Cilantro  
Tortilla Strips, Jalapenos, Lime  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request

BBQ Chicken Legs, Baked Beans  
Sicilian Cauliflower  
Kale Caesar Salad  
Corn, Bacon Ranch Potato Salad  
Seafood Chili, Sour Cream  
Scallions  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request

GF Pasta upon request  
Marinara, Mozzarella, Parm  
Italian Sautéed Veg  
Baked Potatoes, Pulled Pork  
Chili, Bacon Bits, Jalapenos  
Scallions, Butter, Sour Cream  
Broccoli Cheese Sauce  
Shredded Cheddar  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request

Chicken, Shrimp, Sofrito Rice  
Parsley Potatoes  
Germany Blend Veg  
Guacamole, Salsa, Cheese  
Sour Cream, Jalapeno  
Shredded Lettuce  
BYO Deli, BYO Salad, Fruit  
GF Pizza upon request