

401 E. Winding Hill Road  
Mechanicsburg, PA 17055  
717-796-1800, ext. 2743



a retail operation of Messiah University

**Soup of the Day**

**Mon - Chicken Noodle**

**Tues - Beef Vegetable**

**Wed - Pepper Jack Tomato Soup**

**Thus - Creamy Chicken & Wild Rice Soup**

**Fri - Captain's Clam Chowder**

**Lunch Feature of the Week**  
**Grilled Chicken Caesar Wrap**

**Monday**

**Mediterranean Salad with Flank Steak**

**Taco Tuesday**

**Walking Fish Tacos**  
**with Cilantro Lime Slaw**

**Wednesday**

**Hot Brown Turkey Slider Sandwich**  
**served with Fresh Green Salad**

**Thursday**

**Nashville Hot Chicken Sandwich**  
**served with Fresh Green Salad**

**Friday**

**Lobster Salad on New England Roll**  
**served with Fresh Green Salad**



*ALL GOURMET SANDWICHES ACCOMPANIED WITH POTATO CHIPS*

ENTRÉE | 8.00

GOURMET SANDWICH & SALAD | \$8.00

CUP OF SOUP | 3.25

EVERY FRIDAY MACARONI & CHEESE | 3.25

Café Hours: Monday - Friday from 7:30 - 2pm

\*Menu and Hours Subject to Change\*